



# FRELARD TAMALES

## Catering Menu

### Main Entrees

Price listed per person

**Traditional Tamale Plate: VG|VEG \$14**  
This option comes with two tamales of your choice, side of Mexican red rice and refried pinto beans, served with mild and spicy salsa, sour cream and pickled veggies.

➤ **One tamale option: \$9**

**White Posole Plate: \$13**  
Posole is a traditional Mexican soup that is made of delicious hearty pork and hominy. Since we do not use store-bought canned hominy, the preparation process for the hominy is over 24 hours as it has to be cooked to a perfect consistency. The soup is boiled for hours until all the seasonings, meat and hominy is fully cooked and come together in harmony. This dish is accompanied with chopped radishes, lettuce and served with plain tostadas.

**Pollo a la Crema en Chipotle: \$12**  
This dish is made of chicken breast cooked in a delicious chipotle-cream sauce mixed with grilled veggies, side of rice and beans. This plate is served with tortillas and can be made mild to spicy.

**Green Chicken Enchiladas: \$12**  
Our green chicken enchiladas are filled with pure chicken breast, cheese and smothered in a delicious and freshly made green tomatillo sauce and melted cheese. Enchiladas are served with rice and beans, salsas and sour cream.

**Green Zucchini & Corn Enchiladas: \$10**  
Our green vegetarian enchiladas are filled with seasoned zucchini, sweet corn and spinach smothered with cheese and a delicious green tomatillo sauce topped with melted cheese. Enchiladas are served with rice and beans, salsas and sour cream.

### Beverages

Price listed per person

Mexican Coke, Fanta & Jarritos \$2  
Made-from-scratch horchata \$3  
Made-from-scratch Jamaica \$3

### Sides & Extras

Price listed per person

Fresh guacamole \$3\*  
Side fresh salad \$3  
Pico de gallo & chips \$5  
Pickled carrots and onions \$1\*  
\*Pickled veggies already included in the "Traditional Tamale Plate."

### Small Print Info

- Prices do not include tax.
- There may be a mobile catering fee that covers staffing and all the compostable disposables.
- Location fee: a small fee may be added if the location of the event is outside of our regular serving area.

### Ready to order?

Please reach out to us for a quote. Include the total number of guests, location and date of the event.

E: [frelardtamales@gmail.com](mailto:frelardtamales@gmail.com)

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