



# FRELARD TAMALES

## Catering Menu | 2024

Prices are subject to change.  
Only prices we have issued through a formal quote will be honored.

**all of our food is served buffet-style (in bulk) unless otherwise requested**

### tapas

#### \$4 **vegan refried beans**

Serve our vegan refried pinto beans to your guests. Makes a perfect appetizer or side for tamales

#### \$4 **vegan mexican rice**

Serve our vegan Mexican rice to your guests. Makes a perfect appetizer or side for tamales

#### \$3.75+ **guacamole**

Our fresh guacamole contains fresh avocados, tomato, cilantro, onion, a hint of serrano peppers and fresh lime juice.

### sides & dessert

#### **green salad**

Mixed greens with almonds, candied pecans & queso fresco. Dressing choices: mango chipotle vinaigrette

#### \$10 **large salad**

#### \$7 **side salad**

#### \$9 **tres leches cake slice**

We partner with local Netflix celebrity, Tres Lecheria, to bring you their delicious slices of tres leches cakes. Large individual slice.

#### \$40 **tres leches sheet cake\***

Easily divides into 8-10 individual slices. \*A minimum order of 3 sheet cakes of the same flavor required. You would be able to feed about 30 people.

### drinks

#### \$4.50 **agua frescas**

Made from scratch and not powder, our agua frescas are fresh and made with real ingredients.

#### \$4.50 **soft drinks**

coke, fanta, topo chico

#### **El Sueñito beer**

Choose from our current selection of craft beer, brewed with pride in Bellingham, WA. Packaged six packs and kegs available for all your event needs. Let us know if you want to check out our most updated fresh sheet (stock).

### plate combos

Our tamale plate combos are our most popular catering meal. They come with one, one & a half or two tamales + a generous side of our vegan Mexican rice and refried beans along our condiments: sauce, Mexican crema & pickled veggies.

- \$16 **one tamal plate**
- \$19 **one & a half tamales plate**
- \$22 **two tamales plate**



### a la carta

#### \$8 **individual tamales**

Want to make it super simple? Serve just tamales to your guests. Our tamales are about 1/2 lb each and are super filling. We recommend 1.5 tamales per adult and 1 tamal per child.

#### \$6.00 **mini tamales\***

Our mini tamales are our latest catering menu offering. Mini-tamales allow your guests to enjoy more than one flavor because they are smaller. Our mini-tamales are about 5 oz big and come in most of our traditional flavors.

\*A minimum total order of five dozens and three weekdays notice required for mini tamales



#### \$0.50 **condiments**

Only our tamale plates come with our delicious house-made condiments. If you are ordering just tamales, you have to add these condiments to your order if you want to serve condiments from us.

**Connect with us and let's plan your next tasty get together.**  
**Email us: [catering@frelardtamales.com](mailto:catering@frelardtamales.com)**



Prices do not include taxes.  
A catering & delivery fee will be added.



**EL SUEÑITO**  
· BREWING COMPANY ·

Washington's first Mexican & gay-owned brewery.